



Ligaplex® II

5300 150 Capsules



BONE, JOINT,
& MUSCLE

CONNECTIVE TISSUE HEALTH

- Provides essential nutrients to support the skeletal system and facilitate movement*
- Nutritional compounds for support of proper formation and maintenance of skeletal tissues*
- Involved in maintenance of healthy fluid levels*
- Contains a combination of key ingredients from Cardiotrophin PMG®, Ostrophin PMG®, Manganese B₁₂™, Super-EFF®, and Cataplex® E, including bovine heart PMG™ extract.

Warning: If you are pregnant, nursing or have impaired liver function, consult your health care professional before using this product. Keep out of reach of children.

Supplement Facts

Serving Size: 2 Capsules
Servings per Container: 75

	Amount per Serving	%Daily Value
Vitamin A	180 mcg RAE	20%
Vitamin D	0.6 mcg	3%
Vitamin E	0.7 mg	5%
Vitamin B12	2 mcg	83%
Manganese	35 mg	1,522%
Sodium	10 mg	<1%

Proprietary Blend 650 mg †
 Nutritional yeast, carbamide, bovine bone, veal bone PMG™ extract, bovine liver, defatted wheat germ, bovine heart PMG™ extract, magnesium citrate, organic oat flour, inositol, organic pea vine juice powder, Spanish moss (*Tillandsia usneoides*), organic beet (root), organic sweet potato, organic carrot, ribonucleic acid, bovine liver fat extract, bovine adrenal Cytosol™ extract, bovine kidney, bovine spleen, ovine spleen, organic shiitake mushroom powder, organic reishi mushroom powder, rice bran, sunflower lecithin powder, and organic flaxseed oil.

†Daily Value not established.

Other Ingredients: Manganese glycerophosphate, calcium lactate, gelatin, water, calcium stearate, ascorbic acid, d-alpha tocopherol (vitamin E sunflower), modified corn starch, dicalcium phosphate, modified tapioca starch, vitamin A palmitate, sucrose, cholecalciferol, and cyanocobalamin.

Contains: Wheat.

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Non-Dairy products have been formulated to not contain milk or milk-derived ingredients. Non-Soy products have been formulated to not contain soy or soy-derived ingredients.

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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Bone and Joint Support

Manganese supports healthy bone and connective tissue as a cofactor for several enzymes involved in the production of components required for bone formation and cartilage synthesis.¹⁻³ Manganese is also a critical part of the antioxidant enzyme manganese superoxide dismutase (MnSOD) that is important in controlling reactive oxygen species in cartilage chondrocytes.¹

Vitamin B₁₂ Supports Blood Production

Erythropoiesis, the process of producing new red blood cells in the body, is highly regulated and critical for maintaining oxygen delivery to peripheral tissues. Vitamin B₁₂ is required in a constant supply because it is involved in the formation of DNA building blocks, which are vital or the rapid division of bone marrow cells that produce red blood cells.^{4,5} Ligaplex® II is an excellent source of vitamin B₁₂, providing 2 mcg per serving (83% DV).

Ligaplex® II for Healthy Fluid Levels*

Oral urea (also known as carbamide) is involved in the maintenance of healthy fluid levels by acting as an osmotic agent, increasing free water excretion.⁶⁻⁹ Carbamide is present in Ligaplex® II at 24 mg/serving.

REFERENCES

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